

## Book Reviews

***Diagnosis and Management of Parkinson's Disease.***

By Cheryl H. Waters, MD. Professional Communications Inc, 1998. 240 pp. Price: \$17.95. ISBN 1-884735-33-9.

This modest-sized book covers a wide spectrum of issues in Parkinson's disease (PD). It provides an excellent up-to-date review of the epidemiology, pathogenesis, and pathophysiology of PD. The author discusses the differential diagnosis of PD and provides a brief summary of the neurologic conditions that can be confused with PD. There is a thorough discussion of all the drugs available to treat PD, including those that have just been approved by the FDA. The author addresses, with skill and thoroughness, the complications encountered with the use of Sinemet and dopamine agonists.

This book is unique in that it extensively covers the nonpharmacologic avenues of therapy for PD. It discusses physical, occupational and speech therapy, as well as psychotherapy for the patient. Lastly, it has a good review of the surgical approaches to treating PD as well as information on the potential new therapies in the future. The book is well-written, concise, and easy to read. It provides a well-chosen list of references after each chapter. Although there are passages that are colored by the author's own clinical and research interest, overall this book is an important contribution to a rapidly advancing and complex area in neurology.

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